

## **Assembly Concurrent Resolution No. 141**

### **RESOLUTION CHAPTER 86**

Assembly Concurrent Resolution No. 141—Relative to American Stroke Month.

[Filed with Secretary of State July 7, 2014.]

#### **LEGISLATIVE COUNSEL'S DIGEST**

ACR 141, Holden. American Stroke Month 2014.

This measure would declare May 2014 to be American Stroke Month in California.

WHEREAS, Stroke is a leading cause of serious long-term disability and the fourth leading cause of death in California, killing about 130,000 people nationwide and approximately 13,506 citizens of California each year; and

WHEREAS, Stroke prevalence is projected to increase in the United States by 24.9 percent between 2010 and 2030, and the direct medical costs for treating stroke are expected to increase by 238 percent, from \$28.3 billion in 2010 to \$95.6 billion by 2030; and

WHEREAS, Nearly 78 million Americans have high blood pressure, which is a major controllable risk factor for stroke, including 44 percent of African American adults — among the highest prevalence of any population in the world; and

WHEREAS, More than half, 58 percent, of Americans do not know if they are at risk for stroke; and

WHEREAS, One in three Americans cannot name any of the signs or symptoms of a stroke; and

WHEREAS, The F.A.S.T. warning signs and symptoms of stroke include face drooping, arm weakness, speech difficulty, and time to call 9-1-1. Beyond F.A.S.T., additional stroke warning signs and symptoms include sudden numbness or weakness of the face, arm, or leg, especially on one side of the body, sudden confusion, trouble speaking or understanding, sudden trouble seeing in one or both eyes, sudden trouble walking, dizziness, loss of balance or coordination, and sudden severe headache with no known cause; and

WHEREAS, The American Stroke Association's Together to End Stroke initiative encourages Americans, on May 1, 2014, the American Stroke Month Day of Action, throughout the month of May, and year-round, to learn their personal stroke risk, memorize and share the stroke warning signs, and call 9-1-1 at the first sign of a stroke; and

WHEREAS, New and effective treatments have been developed to treat and minimize the severity and damaging effect of strokes, but much more research is needed; now, therefore, be it

*Resolved by the Assembly of the State of California, the Senate thereof concurring,* That the Legislature declares May 2014 to be American Stroke Month in California; and be it further

*Resolved,* That the Legislature urges all Californians to familiarize themselves with the risk factors associated with stroke, to recognize the warning signs and symptoms of stroke, and, at the first signs of a stroke, to dial 9-1-1 immediately in order to begin to reduce the devastating effects of stroke on our population; and be it further

*Resolved,* That the Chief Clerk of the Assembly transmit copies of this resolution to the author and to the Secretary of the Senate for appropriate distribution.